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5 Careers for Care Givers

by Lynn Wonders | Health & Wellbeing, Professionals



As somebody who naturally cares for others, you are led by a heartfelt need to be there for others in need. Your services are much-needed, and we are going to look at 5 careers for care givers you may want to consider in your search for ways to be of service. Plus, I'm going to share with you a bit about the risks of compassion fatigue for care givers.

In my own work providing counseling, consultation and coaching, I often find myself assisting adults led into the work of being a helping professional. I work with a lot of psychotherapists who specialize in play therapy but I also work with occupational therapists, neuromuscular therapists, chiropractors, nurses, doctors, school counselors, and many others careers for care givers.

Care givers are typically known from early childhood they are here on the planet to be of service and support to other human beings, and sometimes for animals and plants. You likely have always been oriented to naturally lend assistance to anyone in need but maybe you feel drawn to working with children or the elderly in particular. Identifying what kind of people and needs you feel most passionately led to serve is your first step. Let's take a look at some options for career paths that might suit what your heart leads you to do in the world.

Here are 5 Careers for Care Givers

1. Play Therapist. Well, of course I'm going to start with this one as this has been my own first career passion and I love helping people develop their careers in play therapy. Play is a child's natural language through which they explore, express and experience the world as they know it. Registered Play Therapists are psychotherapists

For your reading pleasure...

- Children Need More 3-Dimensional Play and Less Time on Screens
- Learn Sandtray with Rita Grayson
- 7 Ways for Helping Children & Teens Step Away From Screens
- A Spotlight on AutPlay Therapy
- Therapy Activities for Kids
- The Midlife Self-Discovery Workbook
- The Creative Process of Books and Products
- Books for Play Therapy Techniques and Interventions
- Recommended Books
- About Treating Anxiety Disorders
- Recommended Books